



Student Extreme Rules

1. Student Extreme takes place on the 29th of April, in the center of Tartu, river Emajõgi and it's surroundings. The competition starts at 16:00 and lasts until 18:30.
2. To participate in the competition you should previously complete the registration form online (www.studentdays.ee) and confirm your participation on the spot. If there are still some places available then it is also possible to register on the spot. The entry fee is 6 euros per team (3 persons).
3. The competitor will wear safety equipment consisting of a climbing harness, helmet and lifejacket, which will be provided by Studentdays. The competitor is obligated to fulfill all safety requirements including wearing safety equipment, clipping into every safety rope and not unclipping before reaching the end of the dangerous segment. At least one rope must always be clipped in to an anchoring (safety) rope. Disregarding safety rules will result in immediate disqualification and expulsion from the track. To enter the competition the competitor must be at least 18 years old and a student in a higher institution. To enter the competition the competitor must be completely sober.
4. The track consists of 17 obstacle elements (including water obstacles). The maximum time allowed to complete an obstacle is one minute. If not completed in time, the competitor will move on by the order of the judge. Penalty time will be added. The competitors will go onto the track one team at a time by permission of the judges. One team consists of 3 persons and there are three different categories: all men, all women, mixed teams. Only one team is allowed on an obstacle at any time. If a faster competitor reaches a slower one, the slower competitor must allow the faster competitor to go first (passing a slower competitor is allowed). By registering, participants confirm that they have read and agreed to all of the competition rules, are aware of the risks involved and are responsible for their own safety through their own

actions. The competitor is responsible for their physical and mental readiness to participate in the competition.

5. The organisers of Student Extreme reserve the right to change the competition rules. If this happens, all participants will be notified before the start of the competition.